



# Emergency Trauma Competency Self Assessment

## Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professionals.

Frequency	Experience
1 Observed Only or Never Done	1 No Experience
2 Rarely Done (<6 times/year)	2 Some Experience (Requires Assistance)
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Print Name

SS#

Date

General Skills	Frequency				Experience			
Patient/Family Teaching	1	2	3	4	1	2	3	4
End of Life Care	1	2	3	4	1	2	3	4
Care of a Patient in Restraints	1	2	3	4	1	2	3	4
Triage	1	2	3	4	1	2	3	4
Organ Donor Protocols	1	2	3	4	1	2	3	4
Consent for Treatment of a Minor	1	2	3	4	1	2	3	4
Procedure for a Patient Signing Out AMA	1	2	3	4	1	2	3	4
Universal Precautions	1	2	3	4	1	2	3	4
Isolation Precautions	1	2	3	4	1	2	3	4
Assessment/Management of Pain	1	2	3	4	1	2	3	4
Conscious Sedation Administration and Monitoring	1	2	3	4	1	2	3	4
Knowledge of Cobra Criteria / Transfer Patients	1	2	3	4	1	2	3	4
Disaster Protocols	1	2	3	4	1	2	3	4
Lab Values/Interpretation	1	2	3	4	1	2	3	4
Dressings/ Wound Care	1	2	3	4	1	2	3	4
Lift/Transfer Devices	1	2	3	4	1	2	3	4

Trauma	Frequency				Experience			
Trauma Score	1	2	3	4	1	2	3	4
Critical Transports	1	2	3	4	1	2	3	4
Air Transport (Helicopter or Jet)	1	2	3	4	1	2	3	4
Other Transport Experience	1	2	3	4	1	2	3	4
Level 1 Trauma	1	2	3	4	1	2	3	4
Level 2 Trauma	1	2	3	4	1	2	3	4
Level 1 Infuser	1	2	3	4	1	2	3	4
Administration of Blood / Blood Products	1	2	3	4	1	2	3	4
Open Chest Massage	1	2	3	4	1	2	3	4
Peritoneal Lavage	1	2	3	4	1	2	3	4
Hypovolemic Shock	1	2	3	4	1	2	3	4
H+H/Stat Lab Test Machine	1	2	3	4	1	2	3	4
AutoTransfuser	1	2	3	4	1	2	3	4



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Burns	Frequency	Experience
First Degree	1 2 3 4	1 2 3 4
Second Degree	1 2 3 4	1 2 3 4
Third Degree	1 2 3 4	1 2 3 4
Electrocution	1 2 3 4	1 2 3 4
Hazardous Material Exposure / Contamination	1 2 3 4	1 2 3 4
Calculation of Total Body Surface Area (BSA)	1 2 3 4	1 2 3 4

Respiratory	Frequency	Experience
Pulmonary Edema	1 2 3 4	1 2 3 4
C.O.P.D.	1 2 3 4	1 2 3 4
Pulmonary Emboli	1 2 3 4	1 2 3 4
Near Drowning	1 2 3 4	1 2 3 4
Asthma	1 2 3 4	1 2 3 4
Nebulizer	1 2 3 4	1 2 3 4
Pneumonia	1 2 3 4	1 2 3 4
ABG Interpretation	1 2 3 4	1 2 3 4

Vascular Access	Frequency	Experience
Starting an Adult IV	1 2 3 4	1 2 3 4
Starting a Pediatric IV	1 2 3 4	1 2 3 4
Assist with Intraosseous Needle Insertion	1 2 3 4	1 2 3 4
Accessing Long Term Ports and Catheters (PICC, Groshong, Hickman)	1 2 3 4	1 2 3 4
Assisting with a Cut-down	1 2 3 4	1 2 3 4
Assist with Central Line Insertion	1 2 3 4	1 2 3 4
Assist with Arterial Line Insertion	1 2 3 4	1 2 3 4
Equipment Set-up for an Arterial Line	1 2 3 4	1 2 3 4

Cardiovascular	Frequency	Experience
Acute MI	1 2 3 4	1 2 3 4
Unstable Angina	1 2 3 4	1 2 3 4
Aneurysm (Thoracic or Abdominal)	1 2 3 4	1 2 3 4
CHF	1 2 3 4	1 2 3 4
Arrhythmia Recognition and Treatment	1 2 3 4	1 2 3 4
Obtaining a 12-Lead EKG	1 2 3 4	1 2 3 4
Cardiopulmonary Arrest	1 2 3 4	1 2 3 4
Cardioversion	1 2 3 4	1 2 3 4
Defibrillation	1 2 3 4	1 2 3 4
Assist with Insertion of a Temporary Pacemaker	1 2 3 4	1 2 3 4
Application of an External Pacemaker	1 2 3 4	1 2 3 4
Cardiogenic Shock	1 2 3 4	1 2 3 4



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Neurological	Frequency	Experience
Neuro Assessment/Monitoring	1 2 3 4	1 2 3 4
Use of Glasgow Coma Scale	1 2 3 4	1 2 3 4
TBI Traumatic Brain Injury	1 2 3 4	1 2 3 4
Acute T.I.A./C.V.A.	1 2 3 4	1 2 3 4
Acute Spinal Injury	1 2 3 4	1 2 3 4
Migraine Headache	1 2 3 4	1 2 3 4
Seizure Precautions / Status Epilepticus	1 2 3 4	1 2 3 4
Assist with Lumbar Puncture	1 2 3 4	1 2 3 4
Transport of a Patient with Spinal Cord Injuries / Cervical Spine Precautions	1 2 3 4	1 2 3 4
Observing for Increased Intracranial Pressure	1 2 3 4	1 2 3 4

Gastrointestinal	Frequency	Experience
Care of Patient with:	1 2 3 4	1 2 3 4
GI bleed	1 2 3 4	1 2 3 4
Abdominal pain	1 2 3 4	1 2 3 4
NGT Insertion	1 2 3 4	1 2 3 4
G-tube	1 2 3 4	1 2 3 4
J-tube	1 2 3 4	1 2 3 4
Diabetic Ketoacidosis (DKA)	1 2 3 4	1 2 3 4
Bowel Obstruction	1 2 3 4	1 2 3 4
Acute Pancreatitis	1 2 3 4	1 2 3 4
Testicular Torsion	1 2 3 4	1 2 3 4

Obstetrics / Gynecology	Frequency	Experience
Assist with Pelvic Exams / Obtaining Cultures	1 2 3 4	1 2 3 4
Spontaneous Abortion / Hemorrhage	1 2 3 4	1 2 3 4
Ectopic Pregnancy	1 2 3 4	1 2 3 4
Emergency Delivery	1 2 3 4	1 2 3 4
Placenta Previa	1 2 3 4	1 2 3 4
Preeclampsia/Eclampsia	1 2 3 4	1 2 3 4
Doppler FHT(Fetal Heart Tones)	1 2 3 4	1 2 3 4



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Pediatrics	Frequency				Experience			
Pediatric Arrest/Resuscitation	1	2	3	4	1	2	3	4
Use of Broslow Resuscitation System	1	2	3	4	1	2	3	4
Calculating Medication Dosages	1	2	3	4	1	2	3	4
Knowledge of Lab Values	1	2	3	4	1	2	3	4
Overdose/ Poison ingestion	1	2	3	4	1	2	3	4
Child Abuse	1	2	3	4	1	2	3	4
Sepsis Management	1	2	3	4	1	2	3	4
Sickle Cell Anemia	1	2	3	4	1	2	3	4
Pediatric Assessment/VS	1	2	3	4	1	2	3	4

Renal	Frequency				Experience			
Acute Renal Failure	1	2	3	4	1	2	3	4
Chronic Renal Failure	1	2	3	4	1	2	3	4
Peritoneal Dialysis	1	2	3	4	1	2	3	4
Fluid Management / Electrolyte Replacement	1	2	3	4	1	2	3	4
Renal Calculi	1	2	3	4	1	2	3	4

Orthopedics	Frequency				Experience			
Set up for Cast Application	1	2	3	4	1	2	3	4
Set up for OCL Splinting	1	2	3	4	1	2	3	4
Assist with Closed Fracture / Dislocation Reductions	1	2	3	4	1	2	3	4
Instruction of Application of Orthopedic Appliances	1	2	3	4	1	2	3	4
Assess Extremity Vascular Circulation	1	2	3	4	1	2	3	4

Psychiatric	Frequency				Experience			
Drug/ETOH Withdrawal	1	2	3	4	1	2	3	4
Care of Overdose Patient / Gastric Lavage	1	2	3	4	1	2	3	4
Care of a suicidal patient	1	2	3	4	1	2	3	4
Crisis Intervention/ Use of restraints	1	2	3	4	1	2	3	4
Sexual Assault	1	2	3	4	1	2	3	4
Rape kit	1	2	3	4	1	2	3	4
Reporting procedures for acts of violence	1	2	3	4	1	2	3	4



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Environment	Frequency	Experience
Hypothermia	1 2 3 4	1 2 3 4
Heat stroke/exhaustion	1 2 3 4	1 2 3 4
Human / animal bite	1 2 3 4	1 2 3 4
Snake bite	1 2 3 4	1 2 3 4
Anaphylaxis	1 2 3 4	1 2 3 4

EENT Disorders	Frequency	Experience
Set up for Fluorescein / Woods Lamp	1 2 3 4	1 2 3 4
Use of Morgan Lens / Eye Irrigation	1 2 3 4	1 2 3 4
Ear Irrigations/FB Removal	1 2 3 4	1 2 3 4
Assist with Nasal Packing	1 2 3 4	1 2 3 4
Visual Acuity	1 2 3 4	1 2 3 4
Epiglottitis	1 2 3 4	1 2 3 4
Removal of Nasal FB	1 2 3 4	1 2 3 4

Lacerations	Frequency	Experience
Suture Tray Set Up	1 2 3 4	1 2 3 4
Assist with Sutures/Staples	1 2 3 4	1 2 3 4
Suture Removal	1 2 3 4	1 2 3 4
Staple Removal	1 2 3 4	1 2 3 4
Steri Strips	1 2 3 4	1 2 3 4

Emergency Medications	Frequency	Experience
Emergency ACLS Medication prepare and administer	1 2 3 4	1 2 3 4
Tridil / Nitroglycerin	1 2 3 4	1 2 3 4
Sodium Bicarb	1 2 3 4	1 2 3 4
Heparin	1 2 3 4	1 2 3 4
Dilantin	1 2 3 4	1 2 3 4
Narcan	1 2 3 4	1 2 3 4
Decadron	1 2 3 4	1 2 3 4
Mannitol	1 2 3 4	1 2 3 4
Solu-medrol	1 2 3 4	1 2 3 4
Phenobarbital	1 2 3 4	1 2 3 4
Fibrinolytics/ Iib IIIa Inhibitors	1 2 3 4	1 2 3 4
Nipride	1 2 3 4	1 2 3 4
Inotropics (ie Digoxin)	1 2 3 4	1 2 3 4
Rapid Sequence Intubation Protocol and Meds	1 2 3 4	1 2 3 4
Romazicon	1 2 3 4	1 2 3 4
Insulin	1 2 3 4	1 2 3 4



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Age Specific Practice	Frequency				Experience			
Adolescents (12-18 years)	1	2	3	4	1	2	3	4
Young Adults (18-39 years)	1	2	3	4	1	2	3	4
Middle Adults (40-64 years)	1	2	3	4	1	2	3	4
Older Adults (65-80 years)	1	2	3	4	1	2	3	4
Elderly (80 + years)	1	2	3	4	1	2	3	4

**Please list any additional skills:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

**Additional Training:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

**Additional Equipment:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.

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Signature Date