



# LDRP Competency Self Assessment

Labor, Delivery, Post Partum, Newborn Nursery

### Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professionals.

Frequency	Experience
1 Observed Only or Never Done	1 No Experience
2 Rarely Done (<6 times/year)	2 Some Experience (Requires Assistance)
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Print Name	SS#	Date
<b>General Skills</b>		
Patient/Family teaching	1 2 3 4	1 2 3 4
Coaching Needs: Physical/ Emotional/ Comfort	1 2 3 4	1 2 3 4
Universal Precautions	1 2 3 4	1 2 3 4
Care of the patient in isolation	1 2 3 4	1 2 3 4
Care of the patient in restraints	1 2 3 4	1 2 3 4
Cardiac Monitoring	1 2 3 4	1 2 3 4
Ventilator Management	1 2 3 4	1 2 3 4
Preparation and Administration of Emergency Drugs	1 2 3 4	1 2 3 4
Infant/ Neonatal Arrest/ NRP	1 2 3 4	1 2 3 4
Adult Cardiac Arrest/ ACLS	1 2 3 4	1 2 3 4
Pulse Oximetry	1 2 3 4	1 2 3 4
Interpretation of ABG's	1 2 3 4	1 2 3 4
Basic Fetal Monitoring Course	1 2 3 4	1 2 3 4
Advanced Fetal Monitoring Course	1 2 3 4	1 2 3 4
Assist with Sterile Speculum Exam (effacement, dilation, station, presentation)	1 2 3 4	1 2 3 4
Performs Sterile Speculum Exam independently	1 2 3 4	1 2 3 4
Use of Doppler	1 2 3 4	1 2 3 4
Venous Access: Peripheral IV starts	1 2 3 4	1 2 3 4
Scalp Veins	1 2 3 4	1 2 3 4
Maintenance of Saline Locks	1 2 3 4	1 2 3 4
Administration of Blood / Blood Products	1 2 3 4	1 2 3 4
TPN/Lipids	1 2 3 4	1 2 3 4
Knowledge and Communication of Normal Lab Values	1 2 3 4	1 2 3 4
Use of Infusion Pumps/ Drips/ IV Monitoring	1 2 3 4	1 2 3 4
Assessment/Management of Pain	1 2 3 4	1 2 3 4
PCA (Patient Controlled Analgesia)	1 2 3 4	1 2 3 4
Assist/ Monitor Anesthesia	1 2 3 4	1 2 3 4
General Anesthesia	1 2 3 4	1 2 3 4
Regional / Spinal/ Epidural	1 2 3 4	1 2 3 4
End of Life Care	1 2 3 4	1 2 3 4
Lift/Transfer Devices	1 2 3 4	1 2 3 4
Computerized Documentation	1 2 3 4	1 2 3 4
Automated Medication dispensing Systems	1 2 3 4	1 2 3 4



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Care of the Patient with Pre-existing Problems	Frequency	Experience
Cardiac Disease	1 2 3 4	1 2 3 4
Neurological Disease	1 2 3 4	1 2 3 4
Seizure Disorder	1 2 3 4	1 2 3 4
Prior Tubal Ligation	1 2 3 4	1 2 3 4
Diabetes Mellitus	1 2 3 4	1 2 3 4
Infectious Disease	1 2 3 4	1 2 3 4
Sickle Cell Disease	1 2 3 4	1 2 3 4
RH Incompatibilities	1 2 3 4	1 2 3 4
HIV	1 2 3 4	1 2 3 4
Drug Addiction/Withdrawal	1 2 3 4	1 2 3 4

Antepartum Care and procedures	Frequency	Experience
Triage of Obstetrical Patients	1 2 3 4	1 2 3 4
NST (Non stress tests)	1 2 3 4	1 2 3 4
OCT (Oxytocin Challenge tests)	1 2 3 4	1 2 3 4
Reflex Checks/ Edema Assessment/ Clonus	1 2 3 4	1 2 3 4
Assist with Amniocentesis	1 2 3 4	1 2 3 4
<b>Care of Patient with:</b>		
Pregnancy induced Hypertension	1 2 3 4	1 2 3 4
Pre-eclampsia/ Eclampsia	1 2 3 4	1 2 3 4
Preterm Labor	1 2 3 4	1 2 3 4
VBAC Management/ Trial of Labor	1 2 3 4	1 2 3 4
Placenta Previa	1 2 3 4	1 2 3 4
Abruptio Placenta	1 2 3 4	1 2 3 4
Uterine Rupture	1 2 3 4	1 2 3 4
Multiple Gestation	1 2 3 4	1 2 3 4
Malpresentations	1 2 3 4	1 2 3 4
Breech	1 2 3 4	1 2 3 4
Version	1 2 3 4	1 2 3 4

Medication Administration	Frequency	Experience
Pitocin	1 2 3 4	1 2 3 4
Ritodrine	1 2 3 4	1 2 3 4
Magnesium Sulfate Therapy	1 2 3 4	1 2 3 4
Insulin Drips	1 2 3 4	1 2 3 4
Oxytocin	1 2 3 4	1 2 3 4
Magnesium Sulfate Therapy	1 2 3 4	1 2 3 4
Turbutaline	1 2 3 4	1 2 3 4
AZT	1 2 3 4	1 2 3 4



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Labor Assessments and Procedures	Frequency				Experience			
Assess and document progression of Labor	1	2	3	4	1	2	3	4
Assist with AROM procedure	1	2	3	4	1	2	3	4
Assess and document fetal status	1	2	3	4	1	2	3	4
Use of EFM (External Fetal Monitor)	1	2	3	4	1	2	3	4
Use of IFM (Internal Fetal Monitor)	1	2	3	4	1	2	3	4
Assist with IUPC placement and calibration	1	2	3	4	1	2	3	4
Amnioinfusion	1	2	3	4	1	2	3	4
Assist with Vaginal Delivery	1	2	3	4	1	2	3	4
Forceps/ Vacuum Extraction	1	2	3	4	1	2	3	4
Shoulder Dystocia	1	2	3	4	1	2	3	4
Emergency Delivery	1	2	3	4	1	2	3	4
Hemorrhage/ Shock	1	2	3	4	1	2	3	4
Assist with High Risk Delivery	1	2	3	4	1	2	3	4
Circulate for C-Section	1	2	3	4	1	2	3	4
Scrub for C-Section	1	2	3	4	1	2	3	4
Abdominal Shave/Scrub Prep	1	2	3	4	1	2	3	4
Perineal Prep	1	2	3	4	1	2	3	4
Internal Monitor/Lead Connection and Calibration	1	2	3	4	1	2	3	4
Assist with Placement of Intrauterine Pressure Cath	1	2	3	4	1	2	3	4
Assist with Fetal Scalp Blood Sampling	1	2	3	4	1	2	3	4
Fundal Assessment/Height	1	2	3	4	1	2	3	4

Immediate Care of Baby in Delivery Room	Frequency				Experience			
Newborn Assessment/ Apgar Scores	1	2	3	4	1	2	3	4
Routine Neonatal Medications	1	2	3	4	1	2	3	4
Meconium	1	2	3	4	1	2	3	4
Suctioning	1	2	3	4	1	2	3	4
Eye Prophylaxis	1	2	3	4	1	2	3	4
Collect Cord Samples	1	2	3	4	1	2	3	4
Heelsticks	1	2	3	4	1	2	3	4
Radiant Warmer/ Thermoregulation	1	2	3	4	1	2	3	4
ID/ Security Banding	1	2	3	4	1	2	3	4

Postpartum Care	Frequency				Experience			
Fundus/ Lochia/ Perineum Care	1	2	3	4	1	2	3	4
Episiotomy/ Incision Care	1	2	3	4	1	2	3	4
Post-Op C-Section	1	2	3	4	1	2	3	4
Bladder Assessment	1	2	3	4	1	2	3	4
Foley catheter insertion	1	2	3	4	1	2	3	4
Couplet Care	1	2	3	4	1	2	3	4
Breast Feeding Instruction	1	2	3	4	1	2	3	4



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Newborn Care General Skills	Frequency				Experience			
Neonatal Level II/ Level III (Complete NNICU check list)	1	2	3	4	1	2	3	4
Newborn Nursery	1	2	3	4	1	2	3	4
Full Body Assessment	1	2	3	4	1	2	3	4
<b>Assist with Insertion of and Maintenance Of:</b>								
UAC	1	2	3	4	1	2	3	4
UVC	1	2	3	4	1	2	3	4
Swanz Ganz	1	2	3	4	1	2	3	4
Arterial Lines	1	2	3	4	1	2	3	4
Obtain Specimens from UAC/UVC	1	2	3	4	1	2	3	4
Jet Vents	1	2	3	4	1	2	3	4
ECMO	1	2	3	4	1	2	3	4
IMV	1	2	3	4	1	2	3	4
PIP	1	2	3	4	1	2	3	4
Oxyhood	1	2	3	4	1	2	3	4
Radiant Warmers	1	2	3	4	1	2	3	4
Apnea Monitoring	1	2	3	4	1	2	3	4
Glascow Coma Scale	1	2	3	4	1	2	3	4
Assist with Lumbar Puncture	1	2	3	4	1	2	3	4
Calculation of Pedi Dosage	1	2	3	4	1	2	3	4
Phototherapy	1	2	3	4	1	2	3	4
Cord and Circumcision Care	1	2	3	4	1	2	3	4

Care of the Infant with	Frequency				Experience			
Bowel Obstruction	1	2	3	4	1	2	3	4
Broncho-Pulmonary Dysplasia	1	2	3	4	1	2	3	4
Drug Addiction/Withdrawal	1	2	3	4	1	2	3	4
Endotracheal Tube Care and Suctioning	1	2	3	4	1	2	3	4
Tracheostomy Care and Suctioning	1	2	3	4	1	2	3	4
CHF	1	2	3	4	1	2	3	4
Cystic Fibrosis	1	2	3	4	1	2	3	4
Diabetes Mellitus	1	2	3	4	1	2	3	4
HIV	1	2	3	4	1	2	3	4
Intracranial Hemorrhage	1	2	3	4	1	2	3	4
Low Birth Weight Infants	1	2	3	4	1	2	3	4
Meconium Aspiration	1	2	3	4	1	2	3	4
NEC	1	2	3	4	1	2	3	4
Neuromuscular Disease	1	2	3	4	1	2	3	4
PDA Ligation	1	2	3	4	1	2	3	4
Pneumonia	1	2	3	4	1	2	3	4
Pulmonary Edema	1	2	3	4	1	2	3	4
RDS	1	2	3	4	1	2	3	4



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Care of the Infant with cont'd	Frequency	Experience
Seizure Activity	1 2 3 4	1 2 3 4
Sickle Cell Disease	1 2 3 4	1 2 3 4
Spina Bifida	1 2 3 4	1 2 3 4
Systemic Infection	1 2 3 4	1 2 3 4
Tetralogy of Fallot	1 2 3 4	1 2 3 4
Tracheoesophageal Fistula	1 2 3 4	1 2 3 4
Transposition of Great Vessels	1 2 3 4	1 2 3 4

Age Specific Practice	Frequency	Experience
Infants and Toddlers (ages 0-3 years)	1 2 3 4	1 2 3 4
Young Children (ages 4-6 years)	1 2 3 4	1 2 3 4
Older Children (ages 7-12 years)	1 2 3 4	1 2 3 4
Adolescents (ages 13-20 years)	1 2 3 4	1 2 3 4
Young Adults (ages 21-39 years)	1 2 3 4	1 2 3 4
Middle Adults (ages 40-64 years)	1 2 3 4	1 2 3 4
Older Adults (ages 65-79 years)	1 2 3 4	1 2 3 4
Elderly (ages>80 years)	1 2 3 4	1 2 3 4

**Please list any additional skills:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

**Additional Training:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

**Additional Equipment:**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.

Signature

Date